

Quarterly Tarot Tracker and Daily Tarot Reflections

Want to record your daily tarot card draws?

I struggled to use other tarot card trackers out there so I developed this system for a simpler, visual method for tracking daily draws.

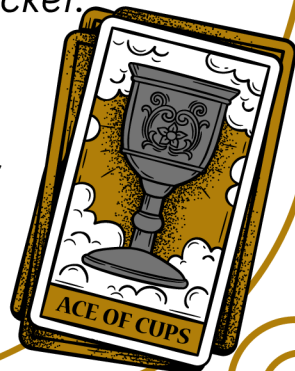
By tracking your draws per quarter, you can easily see patterns and trends over time. This visual log is designed to align your daily practice with your quarterly goals.

Also, it provides a convenient way to integrate your tarot practice with your weekly reflections.

Enjoy using my *Quarterly Tarot Tracker*.

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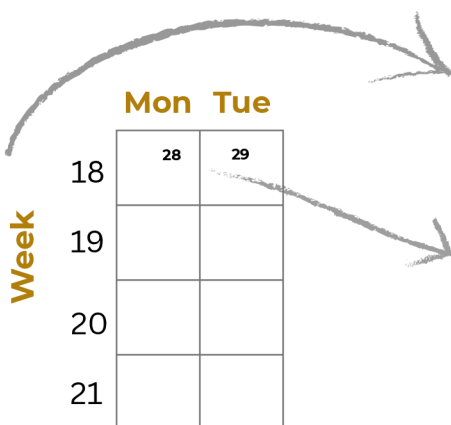
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Quarterly Tarot Tracker

How to use this tracker.

The tracker is dateless and numberless so that you can start your daily tracking at any week you choose.



	Mon	Tue
18	28	29
19		
20		
21		

On the side add the week number for the year you are in.

Add the dates for the corresponding week
e.g week 18 for 2025
start with Monday 28th

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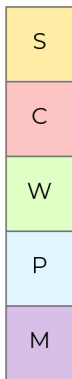


Quarterly Tarot Tracker

How to use this tracker.

You will notice a key or legend for you tracker. Add a different colour to each block. Then code each block with the Minor Arcana wording of your choice e.g *Swords, Cups, Wands, Pentacles.*

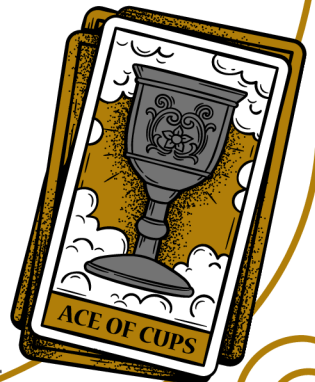
And one block with M for Major Arcana



Take a look at my
tracker on instagram
[@thegoodlifechapter](#)

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Daily Tarot Reflections

How to use Daily Tarot Reflections.

This is a space for you to write down your questions and briefly reflect on the response from your daily draw.

At the end of each week you can tally your cards to help you easily track your dominant suits.

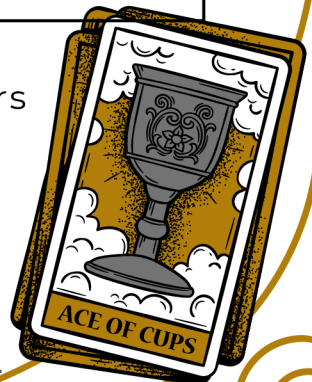
Sunday	Tarot cards this week
<i>What do I need to work on to achieve my goals this quarter?</i>	2 Pentacles
Card: The Ace of Swords emphasizes the importance of sharp focus and mental clarity	3 Swords
	1 Wands
	The World

I would love you see your trackers so don't forget to tag me. xx

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Quarterly Tarot Tracker

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week							

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Week							

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Daily Tarot Reflections

Monday	Tuesday
Wednesday	Thursday
Friday	Saturday
Sunday	Tarot cards this week

Daily Tarot Reflections

Monday	Tuesday
Wednesday	Thursday
Friday	Saturday
Sunday	Tarot cards this week